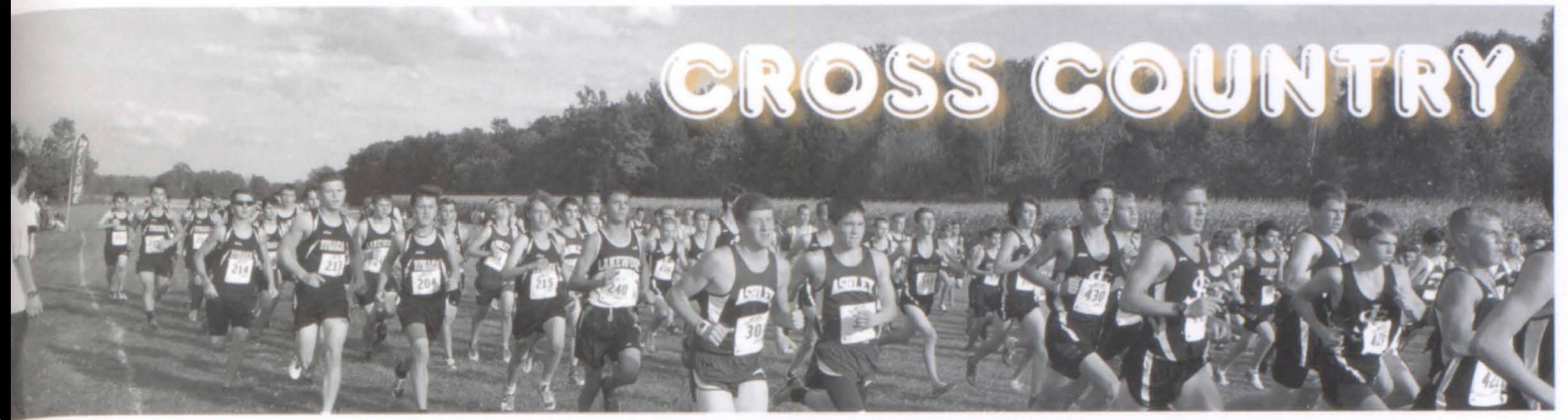


CROSS COUNTRY



Top Row (L to R) *Nathan Denman, Weston Smith*, Middle Row (L to R) *Coach Andrew Denman, Ryan Bryzak, Coach Ron Koppeler*, Bottom Row (L to R) *David Keller, Mathew Muholland*



Going The Extra Mile D.J. Keller kicks it in gear and runs the distance.



Staying Warm The cross country boys huddle around with blankets keeping warm.